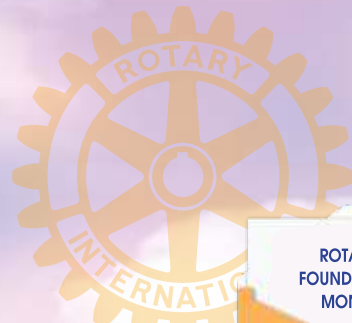




Mahanagar

Date: 25th November, 2023

VOLUME No. XXXIII ISSUE No. 11



ROTARY
FOUNDATION
MONTH

NOVEMBER



RI President: Gordan R McInally
District Governor: Hira Lal Yadav

President: Jyoti Mahipal
Secretary: Ritu Choudhury

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UPCOMING CLUB EVENTS

17th to 21st Dec : A fellowship trip to Rann of Kutch

NEXT RWM
8th December

PRESIDENT'S MESSAGE



Dear Friends, Rotary Greetings!!

"You don't have to be great to start, but you have to start to be great". Rotary Club Mahanagar is elated to host the Fund Raiser 8th South Asia Fellowship of Golfing Rotarians event on 23rd to 25th November 2023 in Kolkata to support Rotary India Literacy Mission. It is the first ever initiative by our club which is set to be an impactful and influential one. The fundraiser aims to raise funds that will aid in providing educational resources, facilities, and scholarships for children in India who lack access to quality education. With a focus on golfing enthusiasts, this event offers a unique opportunity for like-minded individuals to come together and contribute towards building a brighter future for underprivileged children. Heartfelt Gratitude to everyone who supported this event. I would like to give special thanks to PRIP Shekhar Mehta for initiating the event and to Dr Vidhawan, Manish Biyani, Sanjay Bhalotia and Pranay Agarwal for their full support and active involvement. We are thankful to Rtn Vinay Agarwal for taking initiative to get the donor to construct Water kiosk at Calcutta Medical college. We welcome an eminent lifestyle coach Karan Kakkad at our RWM who will definitely inspire us to have led a healthy life style. Mahanagar is all excited to prepare for retreat at Run of Kutch from 17th-21st December.

November is the foundation month and we were honoured to have PDC Debashish Mitra as a guest speaker at our RWM who motivated members to contribute for foundation to serve the society. "We make a living by what we get, but we make a life by what we give."

- Rtn. Jyoti Mahipal
President

Today's Speaker - Karan Kakkad



The mission of Reverse Factor is to help people reverse lifestyle diseases with the help of right food as well as thoughts & emotions. Mr. Karan Kakkad firmly believes that the human body can heal itself and it is designed for optimum health and well-being while disease is a manifestation of an imbalance in the basic nature of the body. It is this belief that inspired Mr. Kakkad establish Reverse Factor as a pioneer in the space of reversing lifestyle diseases. He has an extensive research and experience in the field of nutri-genomics, stress psychology, neuro-immunology and epi-genetics. Today, Mr. Kakkad is an internationally renowned Nutrigenomics & Disease Reversal expert and a TEDx speaker. As a holistic expert, Mr. Kakkad has worked closely with over 7000+ patients over a decade, helping them reverse every kind of lifestyle or chronic disease. Mr. Kakkad is passionate about spreading awareness about the role of nutrition and thoughts & emotions in the prevention, treatment and reversal of lifestyle diseases and is a regular speaker at industry & prestigious forums such as CII, Young Indians, Chamber of Commerce, FICCI Flo, Rotary, JITO and various multinational corporations

HIGHLIGHTS

President's Message | Today's Speaker | Last RWM | Project Dignity | Netralaya | Homeopathy | Bloodline District Diwali Meet | Cricket World Cup | Spotlight | Minutes | Happy Birthday & Anniversary

Last RWM

Our RWM was held on 16th of November at the HHI. The Topic was "Joy of giving". President Jyoti Mahipal greeted the Guest of Honour PDG Rtn Debashish Mitra. He gave insights of 'Rotary Foundation' touching the lives of Needy people. His speech was very inspiring. It left a deep impact on us to serve the society. Our PRIP Shekhar Da elaborated numerous acts done by Rotary. The speech ended with a vote of thanks.

Rtn Ashok Singhvi was given the task of collection in Rotary Foundation. Seema Somani was recognised SHERO of the week and puzzle winner Deepali Bhandari and Aditi Ray were congratulated. The session was very informative. Everyone enjoyed the RWM.

-By Rtn Kamlesh Agarwal



Project Dignity



On 20th November, RC Mahanagar constructed 20 household toilets at Bunarati Baduria Block of North 24pgs. under Global Grant 2236224.



Netralaya

From 1st November to 17th November, 7 Phaco surgeries, 3 paid SICS, 14 Yag Laser, and 101 free surgeries were done at our Mahanagar Eye Hospital.



Homeopathy

From 4th to 22nd November, total 66 patients visited and being treated at our homeopathy clinic in Bhawanipore.



Bloodline

During the period (02.11.2023 to 08.11.2023) our Club carried out Blood Grouping Camp and registered 52 SOS donors for our Bloodline. Camp was conducted at "Kishalaya Foundation" Agradani Prathamik Vidyalaya.

We also met need for 10 Patient.



District Diwali Meet

District Diwali Meet DYUTI was held on 18th November at Nicco Park. Rtn Sanjay - Kavita Bhalotia, Rtn Dipak - Ritu Choudhury, Rtn Aditi Ray and President Jyoti attended the meet. Kavita, Ritu and President Jyoti performed on Rajasthani song and Rtn Aditi mesmerized everyone with her melodious singing.



Cricket World Cup

On 19th November, Mahanagar watched together the most exciting sports tournament of the year, The ICC Men's ODI World Cup 2023 a grand final with India at final at the well-arranged venue of Rtn Rakesh-Sushma Singhania. It was not just a tournament, it was a journey that captured the essence of sport – the highs, the lows, the camaraderie, and the indomitable spirit of competition. Though that day was not meant for India. From the very first match of the tournament, the Indian cricket team showcased an unwavering spirit and sheer determination in a captivating journey that culminated in an unforgettable final. Heartfelt thanks to Sushma, Sanjay Bhandari and Raj Somani for all the superb arrangements to giving us a memorable experience.



LET SPOTLIGHT SHINE A LIGHT ON YOU.



PP Satish Bansal

Born and brought up in the city of Saharanpur known world-wide for wood crafting and one of the best seasonal fruits mango and Basmati rice. He graduated with science and studied Indian Constitution, Sociology and

Economics. His search for work landed him in Rourkela in the year 1972 where he started his own transport business.

In December '1974 he married Pushpa hailing from Sriganganagar (Rajasthan) and moved to Kolkata in the year 1977. Blessed with 3 sons and 6 grand-children. The eldest Ankur is Sr. Vice President, Aditya Birla Group, Mumbai. Vishal is a Partner in Earnest & Young, Mumbai and Abhishek is with him in the family business.

He is a life member to Rourkela Chambers of Commerce, Rourkela and Bhubaneswar Club, Bhubaneswar and Friends of Tribal Society and has sponsored 2 schools in tribal area having a strength of 40 students each. He has been association with Rotary since 1995 and was President in the year 2012 & 2013. His wife Pushpa is a member of Inner Wheel club of Mahanagar. Both Satish and Pushpa being senior members have made their place in the club as the most active couple. They are the guiding light for many.

-By Rtn Anuradha Agarwal



I, Mahendra Kedia express my heartfelt gratitude for the privilege of being a member of Rotary of Calcutta Mahanagar which has allowed me to engage in meaningful community service to make lasting friendships and contribute to the betterment of our society. Joining Rotary has been a transformative experience, and I am truly honored to be a member of such dedicated and passionate individuals.

By God grace, I am thrilled to share about my Business as being an Industrialist of Pet Jars, Pet Bottles, Pet Sheets and over the past years, our industrial enterprise has experienced remarkable growth and prosperity. Having done Post Diploma in Vaastu Shastra, I truly believe the ancient science of harmonizing living spaces with the natural elements and create a space that fosters peace, prosperity and happiness.

Heart and Soul of our home, my spouse Suman whose unwavering love, support and understanding is the cornerstones of our family. So blessed to be a father of two lovable Daughters, one Admirable Son and Beautiful Grand Daughter.

I want to extend my appreciation to everyone for unwavering commitment, tireless efforts and the camaraderie that makes this organisation so special. Together we are making a difference and I look forward to many more years of service and shared experiences.

Thank you for welcoming me into the Rotary Family.

-By Rtn Mahendra Kedia



Rtn Mahendra Kedia

MINUTES OF THE 1354TH WEEKLY MEETING OF ROTARY CLUB OF CALCUTTA MAHANAGAR HELD ON 16TH NOVEMBER, 2023 AT HOTEL HINDUSTHAN INTERNATIONAL.

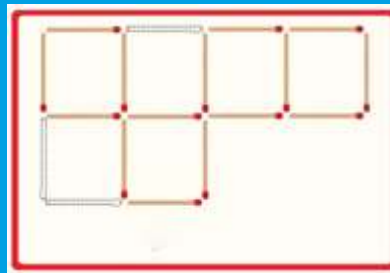
1. President Jyoti Mahipal called the meeting to order.
2. National Anthem led by Club Secretary Rita was rendered by all.
3. President welcomed guest speaker for the evening PDG Debasish Mitra and also welcomed PRIP Shekhar Mehta.
4. Minutes of the last weekly meeting was confirmed by PP Deepak Choudhury.
5. President thanked PE Pramila Dugar and Roshni Jain for curating Diwali meet Royal Rajasthan and also Club Treasurer Sanjay Bhalotia and Kavita Bhalotia for raising funds and Rtn Raj Somani for the arrangements.
6. President informed members about the various projects done in last few days.
7. President announced about the 8th SAFGR Asia Golf Championship at Tolly Club between 23rd and 25th November.
8. President announced about Water Kiosk to be inaugurated on 24th November near Calcutta Medical College.
9. Shero of the Week Seema Somani and puzzle winner Deepali Bhandari and Aditi Ray were congratulated.
10. Club Business was conducted by Club Secretary Rita Choudhury and birthday and anniversary wishes were announced.
11. Chairman of TRF Avenue, Rtn. Ashok Kumar Singhvi introduced PDG Debasish Mitra and he spoke with elan in his own style with stories, pictures and punch lines and motivated members to contribute generously to The Rotary Foundation.
12. PRIP Shekhar Mehta spoke a few words on the contribution to TRF.
13. Rtn. Mahinder Singhal committed to become a Major Donor and also led the cake cutting.
14. Rtn. Naresh Jalan proposed the Vote of Thanks.
15. There being no other business meeting was terminated.

Puzzle corner

Puzzle 11

Miss Anne has eleven kids in her class. She has a bowl containing eleven apples. Now Miss Anne wants to divide the eleven apples to the kids, in such a way that an apple should remain in her bowl. How can Miss Anne do it?

Answer for Puzzle 10



The members who participated are: Savita Kothari, Kavita Bhalotia, Karishma Jalan, Neelam Jalan, Pushpa Bansal, Sanjay Sinha, Pramila Dugar, Sanjay Bhandari, Mona Ajitsaria, Suman Kedia, Aditi Ray, Pradeep Biyani, Sweta Choudhary, Bighneshi Das (daughter of Rtn Rooplekha)

And the winners are :

1. Savita Kothari
2. Kavita Bhalotia

Happy Birthdays

Savita Agarwal	04-Dec.
Jagnarayan Singh	07-Dec.

Happy Anniversaries

1st Dec...	Rtn Gopal-Rajkumari Modi
1st Dec...	Rtn Sanjay-Kavita Bhalotia
1st Dec...	Rtn Mohit-Anshu Jain
2nd Dec....	Rtn Ram Naresh-Savita Agarwal
3rd Dec....	Rtn Vinay-Suman Agarwal
5th Dec....	Rtn Lalit-Nisha Bhutoria
5th Dec...	Naresh-Neelam Jalan
8th Dec....	Rtn Sandeep-Pooja Bagrecha

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